Career Counseling A Holistic Approach

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Career, Work, and Mental Health

Career Counseling, 3rd edition, provides a comprehensive, holistic overview of the foundations of career counseling, information on the most effective skills and techniques, and contextual perspectives on career and lifestyle planning, all by nationally and internationally recognized experts. Updated chapters introduce important material not often addressed in introductory texts, such as rehabilitation, addictive behaviors, counseling couples and families, and working with ethnic and gender/sexual minority clients. Included throughout the text are case studies, informational sidebars, and experiential activities that enhance the reading and encourage additional contemplation of chapter content. Readers can also turn to the book's companion website for chapter test questions, PowerPoints, and additional resources.

Career Counseling

A must-read for counselors in training, Sharf's APPLYING CAREER DEVELOPMENT THEORY TO COUNSELING, 6th Edition, shows you how to apply the principles of career development to a variety of counseling settings. This book is clearly written, filled with useful case examples, and includes integrated diversity coverage to give you the advantage in your course and your career. You'll find information about websites on internships, education, counseling organizations, and jobs. The book's Companion Website provides case studies, tutorial quizzes, and relevant links. Available with InfoTrac Student Collections http://gocengage.com/infotrac. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

A Strength-based Approach to Career Development Using Appreciative Inquiry

Providing the most current, comprehensive coverage available, CAREER COUNSELING: A HOLISTIC APPROACH, 8e equips students with a solid understanding of the theoretical models of career counseling and practical techniques on how to effectively counsel clients about career issues. Keeping career counseling relevant to all counseling students, Vernon Zunker uses an innovative holistic or whole person approach, demonstrating how to consider values, temperament, talents, and passions when integrating career with personal counseling to determine a client's best career fit. The thoroughly revised and updated Eighth Edition of this classic includes all-new chapters on integrating career and personal counseling, job loss and transitions, adult career development, and career-related programs in middle schools. In addition, diversity issues are integrated throughout, while relevant case studies bring chapter concepts to life. The text is also packed with tools to help students maximize their success in class and on the licensing exam. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Career Counseling

This highly successful book has been called the most comprehensive text on the market, providing students with needed career theory as well as practical techniques and examples. Through the author's clear writing style, case examples, tables, and exercises, students develop a solid understanding of the theoretical models of career counseling and are thoroughly exposed to the practical information on how to effectively counsel clients about career issues. As demonstrated by the text's new subtitle, 'A Holistic Approach,' this substantially revised Seventh Edition reflects the growing emphasis on looking at the whole person--values, temperament, talents, and passions--to determine his or her best career fit. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Career Counseling: A Holistic Approach
In this original and major new work, David Blustein places working at the same level of attention for social and behavioral scientists and psychotherapists as other major life concerns, such as intimate relationships, physical and mental health, and socio-economic inequities. He also provides readers with an expanded conceptual framework within which to think about working in human development and human experience. As a result, this creative new synthesis enriches the discourse on working across the broad spectrum of psychology's concerns and agendas, and especially for those readers in career development, counseling, and policy-related fields. This textbook is ideal for use in graduate courses on counseling and work or vocational counseling.

**Career Counseling**

A highly original text with broad theoretical appeal to several disciplines, A Quality of Life Approach to Career Development also includes exercises and case studies.

**Career Counseling**

“This book presents a practice-focused approach to career counseling that will help you expand your understanding of career development and enhance the skills and techniques in your career counseling repertoire. It incorporates the most widely used traditional career counseling practices with new and emerging career development concepts, making it an exceptional text for both counselors-in-training and seasoned practitioners. The in-depth examination of career counseling interventions provided, including the strengths-based approaches suggested by the positive psychology movement, will help you deliver the best counseling services possible and empower your clients to reach their career goals. Topics discussed include traditional and postmodern career theories and approaches; counseling an increasingly diverse workforce and addressing cultural context issues such as race, class, gender, and disability; forming a productive alliance with the client; gathering client information; using assessment inventories and instruments; developing client action plans; and navigating the termination process.”—Publisher’s description.

**Career Counseling: A Holistic Approach**

Vocational psychology, which is the science that helps inform social policy about work issues, improve career interventions and conduct research is glad to have this handbook. The third edition, with cutting edge contributors examines the field now and p

**Career Counseling**

“This book establishes a new standard. The focus on ‘holism, diversity, and strengths’ sets a fresh direction for the field that will inspire today’s counselors. Distinct from other texts both in terms of style and ease of use, Career Counseling provides a practical model that connects theory, practice, and resources in hopeful and affirming ways, while offering readers new skills and insights.”—Rich Feller, PhD University Distinguished Teaching Scholar, Colorado State University Past President, National Career Development Association “Gysbers, Heppner, and Johnston have continued their excellent contributions to the field with this 4th edition. Their approach is highly practical for counselors in helping diverse clients prepare for and manage the changing workplace and economy. I enthusiastically recommend this book as a must-have resource for counseling professionals and as a textbook for graduate counseling programs.”—Kenneth F. Hughey, PhD Kansas State University “We invite all students, professionals, and researchers to read this volume to enrich their practice, research, and the values by which they should be inspired to persist in being active agents of change in the world.”—Laura Nota, PhD, and the Larios Vocational Psychology Team University of Padova, Italy The latest edition of this bestseller will help both counselors-in-training and experienced clinicians update and expand their existing knowledge and skills in career counseling with clients of all ages and circumstances. Significant attention is placed on expanding the career options and empowering the life choices of women; men; racial and ethnic minorities; gay, lesbian, bisexual, and transgender clients; clients from diverse socioeconomic backgrounds; and individuals with disabilities. Additional topics discussed include traditional and postmodern career theories and approaches, forming a productive alliance with the client, effective use of assessment inventories and instruments, helping clients respond to changes in the workplace and family life, working with resistant clients, developing client action plans, and bringing closure to the counseling process. A new chapter titled “Using Social Media in Career Counseling” rounds out this exceptional book. *Requests for digital versions from the ACA can be found on wiley.com. *To request print copies, please visit the ACA website here. *Reproduction requests for material from books published by ACA should be directed to permissions@aca.org.

**Career Counseling**

Outlining an approach to career counseling and a holistic model of human development, this book focuses on contextual issues like race, ethnicity, gender, sexual orientation, disability, and social class. While basing its prescriptions on theoretical concerns, the book outlines practical techniques.

**Career Counseling: A Holistic Approach**

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Career Counseling: A Holistic Approach

An excellent resource in both career development and tests-and-measurement courses, USING ASSESSMENT RESULTS FOR CAREER DEVELOPMENT, 9th Edition vividly illustrates how to use assessment instruments to increase clients' self-awareness and help them make rational career choices. Extremely practical, this hands-on text delivers detailed information on applying knowledge of tests and measurements in clinical settings and using assessment results in a wide variety of counseling situations. Through case studies, charts, bulleted and numbered lists, dialogues, agency addresses, and more, students learn to truly master the use of assessment results. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

A Quality of Life Approach to Career Development

Individuals seeking career counseling often present with a complex array of issues, and thus it is often difficult for counselors to separate career satisfaction and development from other mental health issues. Career, Work, and Mental Health examines this tightly woven connection between mental health issues and career development and offers practical ways for counselors to blend career and personal counseling. Taking this integrative approach, author Vernon Zunker offers step-by-step procedures for delivering effective intervention strategies – tactics that are meaningful and relevant to career choice, career development, and the interconnectedness of personal problems.


This accessible look at “how to do career counseling” clearly defines the profession and the competencies counselors need to pursue as part of their training. Straightforward and accessible, Essential Elements of Career Counseling focuses on the practice of career counseling, examined through the basic techniques and resources useful in supporting the theories of career choice and development. The use of the Internet as a career counseling tool is emphasized; emerging issues such as Web-based counseling are explored; and case studies illustrate authentic counseling strategies and techniques in action. This edition features a new look at such areas as using group counseling methods in job searches and using the resume to inspire the development of career stories, providing a highly practical look at the practice of career counseling today.

The Psychology of Working

This innovative text presents a comprehensive review of the theoretical and empirical support for a wellness approach to counseling with current techniques for client assessment, case conceptualization, treatment planning, and intervention. The authors provide holistic strategies for wellness promotion with children, adolescents, and young, midlife, and older adults, as well as in counseling with groups, couples, and families. Each chapter includes reflection
questions, learning activities, and resources to deepen readers’ understanding of the content and application to practice. Wellness boosters offer quick methods for clients and counselors to increase their domain-specific and overall well-being. In addition, experienced counselors share their personal experiences implementing wellness interventions in “Practitioner Spotlight” vignettes. A chapter on counselor self-care completes the book. Jonathan H. Ohrt, PhD, is an associate professor and counselor education program coordinator at the University of South Carolina. Philip B. Clarke, PhD, is an associate professor in the Department of Counseling at Wake Forest University. Abigail H. Conley, PhD, is an assistant professor in the Department of Counseling and Special Education, and an affiliate faculty member in the Institute for Women’s Health, at Virginia Commonwealth University. *Requests for digital versions from the ACA can be found on wiley.com. *To request print copies, please visit the ACA website.

**Postmodern Career Counseling**

The fourth edition of Career Choice and Development brings together the most current ideas of the recognized authorities in the field of career development. This classic best-seller has been thoroughly revised and expanded to include the most influential theories of career choice and development, and it contains up-to-date information regarding the application of these theories to counseling practice. This edition contains a wide range of career development theories that explore how people develop certain traits, personalities, self-precepts, and how these developments influence career decision making. This information will challenge teachers, researchers, and those involved in fostering career development to reexamine their assumptions and practices.

**Handbook of Vocational Psychology**

Career Development and Counseling: Theory and Practice in a Multicultural World provides a comprehensive overview of career development theories with a unique multicultural framework. Aligned with the latest standards set forth by the Council for Accreditation of Counseling and Related Educational Programs (CACREP), the text focuses on applications across a variety of settings and populations. Each chapter contains numerous case illustrations and learning activities designed to help readers understand the complexities of multicultural aspects of individual career development. Counseling students in training, in addition to working counseling professionals, will find this book as a useful resource for today’s diverse world. Career Development and Counseling is part of SAGE’s Counseling and Professional Identity Series. To learn more about each text in the series, please visit sagepub.com/cpiseries.

**Career Counseling**

Providing the most current, comprehensive coverage available, CAREER COUNSELING: A HOLISTIC APPROACH, 9th Edition equips students with a solid understanding of the theoretical models of career counseling and practical techniques on how to effectively counsel clients about career issues. Presenting the subject matter in a way that is relevant to all counseling students, Vernon Zunker uses an innovative holistic or “whole person” approach, demonstrating how to consider values, temperament, talents, and passions when integrating career with personal counseling to determine a client’s best career fit. The thoroughly revised and updated Ninth Edition of this classic book includes chapters on integrating career and personal counseling, job loss and transitions, adult career development, and career-related programs in middle schools. In addition, diversity issues are integrated throughout, while relevant case studies bring chapter concepts to life. The text is also packed with tools to help students maximize their success in class and on the licensing exam. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

**Career Interventions and Techniques**

Featuring chapters written by experts in the discipline, Career Counseling: Theory, Practice, and Application provides readers with a strong foundation in career counseling history, theory, and clinical assessment that will allow them to develop the skills and competencies needed to become effective, ethical counseling practitioners in today's diverse society. Students discover how integral and evident the topic of career is within contemporary counseling sessions, the importance and practical applications of career development, and how to incorporate career and counseling theory within personal practice. The text provides a roadmap for integrating counseling and career theory into a strong and functional model to serve clients. It offers students critical knowledge and demonstrates various therapeutic techniques through client transcripts, bridging theory and practice. Dedicated chapters cover major theories of career counseling, providing counsel across the lifespan and for diverse populations, the use of narrative therapy, solution-focused brief therapy, Adlerian techniques, and cognitive behavioral therapy with clients, and more. Underscoring the importance of career counseling in today's world, Career Counseling is an ideal core textbook for graduate-level students in career counseling courses offered in CACREP and non-accredited vocational counseling programs.

**Career Counseling**


**Essential Elements of Career Counseling**
APA offers the Theories of Psychotherapy Sense as a focused resource for understanding the major theoretical models practiced by psychotherapists today. Each book presents a concentrated review of the history key concepts, and application of a particular theoretical approach to the assessment, diagnosis, and treatment of clients. The series emphasize solid theory and evidence-based practice, illustrated with rich case examples featuring diverse clients. Practitioners and students will look to these books as jewels of information and inspiration. Book jacket.

**Career Development and Counseling**

The goal of this book is to give career counselors knowledge awareness, and skills to work with diverse girls and women to make their lives as authentic, meaningful, and rewarding as they possibly be. It is designed to help career counselors work with diverse girls and women as they pursue the ever widening choices in their lives. In addition, the text *focuses on the history of the field and provides the social-historical context for its development; *discusses basic issues and concepts in the career development and counseling of women; *discusses the needs of women from different ethnic backgrounds, income levels, and sexual preferences; *reviews critical gender issues in many forms of qualitative and quantitative assessment; *describes the use of a critical feminist approach to career counseling; *discusses dual career and dual earners’ career needs; *focuses on the rapid growth in science/technology/engineering and mathematical (STEM) occupational fields; and *examines the career counseling needs of women in management positions. Handbook of Career Counseling for Women, Second Edition appeals to anyone interested in their own career development and those of clients, students, daughters, and other important girls and women in their life.

**Career Counseling**

This practiced-based handbook describes postmodern career counseling models and methods designed to meet clients’ diverse needs in today’s challenging work environment. Readers will gain a solid understanding of the theoretical underpinnings of postmodern career counseling and learn practical approaches to counseling clients of various ages and backgrounds on occupational choice and other issues, such as coping with developmental tasks, career transitions, and work traumas. Drawing directly from their experiences with clients, career counseling experts link theory to practice in 17 application chapters that demonstrate the process of postmodern career assessment and intervention embedded in culture and context. Multicultural case vignettes and a “Practical Application Guide” in each of these chapters facilitate classroom learning and discussion. *Requests for digital versions from the ACA can be found on wiley.com. *To request print copies, please visit the ACA website here. *Reproduction requests for material from books published by ACA should be directed to permissions@counseling.org

**Career Development and Planning**

The Chaos Theory of Careers outlines the application of chaos theory to the field of career development. It draws together and extends the work that the authors have been doing over the last 8 to 10 years. This text represents a new perspective on the nature of career development. It emphasizes the dimensions of careers frequently neglected by contemporary accounts of careers such as the challenges and opportunities of uncertainty, the interconnectedness of current life and the potential for information overload, career wisdom as a response to unplanned change, new approaches to vocational assessment based on emergent thinking, the place of spirituality and the search for meaning and purpose in, with and through work, the integration of being and becoming as dimensions of career development. It will be vital reading for all those working in and studying career development, whether at advanced undergraduate or postgraduate level and provides a new and refreshing approach to this fast changing subject. Key themes include: Factors such as complexity, change, and contribution People’s aspirations in relation to work and personal fulfilment Contemporary realities of career choice, career development and the working world

**Career Choice and Development**
In a changing employment climate and with the growth of demand for careers guidance at all stages of life, careers guidance practice has moved from its positivist world view, with the counsellor as expert and client as passive responder, to more holistic ‘constructivist’ approaches. In essence, these approaches view the career as a holistic concept in which work and personal life are inextricably intertwined, and individuals are experts in their own lives, actively constructing their careers. The first to fully explore the constructivist approach, this book: provides a theoretical background to constructivism outlines a range of constructivist approaches to career counselling gives examples of the practical application of constructivism. Essential for anyone involved in career guidance wishing to learn more about this vital new approach, this book combines theory with practicable guidance, and represents a new direction for career counselling.

**Career Counseling**

With more than sixty-five combined years of experience in the career development field, Howard Figler and Richard Nelson Bolles are the undisputed authorities when it comes to helping people find meaningful work. In this revised and updated second edition of their classic guide for career counselors, Figler and Bolles show aspiring counselors how to break into the business, and give experienced counselors ideas for improving effectiveness and recharging their practice. Outlining tools, problem-solving tips, and ethical values for today's career counselor, THE CAREER COUNSELOR'S HANDBOOK features new information about performing the Annual Career Checkup, choosing Essence over Ego, and using the Internet—while celebrating the fact that even career counselors need counsel once in a while.

**Encyclopedia of Counseling**

Providing the most current, comprehensive coverage available, CAREER COUNSELING: A HOLISTIC APPROACH, 8e equips readers with a solid understanding of the theoretical models of career counseling as well as practical techniques on how to effectively counsel clients. The text's innovative holistic or “whole person” approach demonstrates how to consider a client's values, temperament, talents, and passions when trying to determine his or her best career fit. Thoroughly revised and updated, the cutting-edge new Eighth Edition includes all-new chapters on integrating career and personal counseling, job loss and transitions, adult career development, and career-related programs in middle schools. In addition, diversity issues are integrated throughout, while relevant case studies bring chapter concepts to life.

**Handbook of Career Counseling for Women**

**Counselor Self-Care**

Providing the most current, comprehensive coverage available, CAREER COUNSELING: A HOLISTIC APPROACH, International Edition equips readers with a solid understanding of the theoretical models of career counseling as well as practical techniques on how to effectively counsel clients. The text's innovative holistic or “whole person” approach demonstrates how to consider a client's values, temperament, talents, and passions when trying to determine his or her best career fit. Thoroughly revised and updated, the cutting-edge new Eighth Edition includes all-new chapters on integrating career and personal counseling, job loss and transitions, adult career development, and career-related programs in middle schools. In addition, diversity issues are integrated throughout, while relevant case studies bring chapter concepts to life.

**Career Counselling**

Praise for the First Edition: `For those of you who wonder if the counselling approach is of much use for career guidance, this book should be informative. The importance of working with insight into client feelings is exemplified by insights into the need to address and work through feelings so that blocks to career interest and good decision-making can be overcome. The book outlines basic counselling skills and more complex ones and many straightforward exercises; ways of generating career options; career drivers and satisfiers; decision-making exercises; and guidelines for investigating careers This text has made me more aware of the importance of thinking in terms of counselling and group counselling in the work I do relating to careers' - Guidance Matters Career counselling is often mistakenly described as giving people advice on finding the best career path. This fully revised and updated second edition of Career Counselling explains what career counselling actually is, why people seek it, and indicates the many contexts where it is used. It describes in detail the skills, tools and techniques of career counselling, useful to both professional career counsellors and those for whom career counselling is just part of their work. This practical guide examines the issues typically brought to career counselling, and includes a completely new chapter on the role of career counselling within organisations. Other areas covered include: o the dilemmas of independent and in-house career counsellors o screening and contracting o ways of facilitating decision-making and managing ‘blocks’ o self-management and continuing professional development. Career Counselling, Second Edition stresses the importance of adopting a ‘whole person’ approach whilst maintaining a career focus. Illustrated throughout by case studies from the authors’ experience, the book draws on approaches ranging from the humanistic work of Carl Rogers to solution-focused counselling. The book contains an invaluable resources section and includes a brand new appendix containing photocopiable exercises which practitioners and their clients can use in conjunction with their counselling sessions. Robert Nathan is Managing Director of Career Counselling Services, London.
Integrative Life Planning

Providing the most current, comprehensive coverage available, CAREER COUNSELING: A HOLISTIC APPROACH, 9th Edition equips students with a solid understanding of the theoretical models of career counseling and practical techniques on how to effectively counsel clients about career issues. Presenting the subject matter in a way that is relevant to all counseling students, Vernon Zunker uses an innovative holistic or "whole person" approach, demonstrating how to consider values, temperament, talents, and passions when integrating career with personal counseling to determine a client's best career fit. The thoroughly revised and updated Ninth Edition of this classic book includes chapters on integrating career and personal counseling, job loss and transitions, adult career development, and career-related programs in middle schools. In addition, diversity issues are integrated throughout, while relevant case studies bring chapter concepts to life. The text is also packed with tools to help students maximize their success in class and on the licensing exam. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Wellness Counseling

Featuring contributed chapters by experts in the discipline, Career Counseling: A Holistic View of Lifespan and Special Populations is designed to help readers competently and effectively provide career counseling to diverse populations at all stages of life. The book begins by presenting foundational concepts for career counselors, including an overview of the historical context of the career counseling profession, models, and theories, as well as critical information on ethical and legal issues related to career development and employment. The text offers research-based techniques and interventions for working with children, adolescents, adults, and older adults. Additional chapters explore career counseling approaches for multicultural groups, LGBT clients, individuals with disabilities, veterans, ex-offenders, and more. Closing chapters address group career counseling; intakes, assessments, and measurements; and advocating and marketing to employers and human resources. Throughout, the book features examples of events that affect the workplace and workforce within the current climate, including socio-economic trends and diverse barriers that are easily overlooked, but are critical to consider in contemporary practice. Career Counseling is an ideal core textbook for undergraduate and graduate-level courses in career, clinical rehabilitation, and general counseling, as well as human resources.

Using Assessment Results for Career Development

In the field of career development, Integrative Life Planning is a landmark book that recognizes the radical shifts in today's lifestyles and workplaces and offers a holistic counseling approach that joins career planning with the life path of an individual. Written by L. Sunny Hansen—a pioneer in career development—this important resource details her highly regarded concept of integrative life planning (ILP). As the book reveals, using the ILP framework enables career professionals, counselors, and their clients to develop career and life patterns that are holistic and focused on both individual satisfaction and community benefit. Integrative Life Planning provides an analysis of Hansen's revolutionary ILP concept that is anchored in an interdisciplinary framework of six critical tasks: finding work that needs doing in changing global contexts; weaving our lives into a meaningful whole, connecting family and work; valuing pluralism and inclusivity, exploring spirituality and life purpose; and managing personal transitions and organizational change. The book offers a wealth of ideas and information on each of the critical tasks as well as illustrative strategies and career interventions that can be used or adapted when implementing the ILP concept. ILP is an ideal approach for dealing with changes in work, family, learning, and society. Using a quilt metaphor, it integrates many aspects of individuals, families, and organizations including both the personal and the professional. In this pioneering work, the author advocates for people to make life choices and decisions consistent with the changes of a dynamic global society. The ILP concept takes into account self-satisfaction and the common good; personal accomplishment and community benefit. Hansen argues persuasively that this global approach can lead to more meaningful lives, more humane relationships, and a more caring society.

The Chaos Theory of Careers

Self-care is critical for effective and ethical counseling practice and this inspirational book offers diverse, realistic perspectives on how to achieve work-life balance and personal wellness from graduate school through retirement. In addition to the authors' unique perspectives as professionals at different stages of their careers, guest contributors—ranging from graduate students, to new professionals, to seasoned counselors—share their experiences and thoughts about self-care, including what challenges them most. Both personal and conversational in tone, this book will help you to create your own practical self-care action plan through reflection on important issues, such as managing stress, establishing personal and professional boundaries, enhancing relationships, and finding meaning in life.

Career Counseling: A Holistic Approach

This text integrates theoretical material in cognitive psychology and relevant knowledge from the applied behavioral sciences. The many discussions and exercises enable readers to explore their own career issues in order to learn practical approaches to career planning. The authors cover basic career concepts and decision making; social conditions affecting career development such as the global economy and organizational culture. Also focuses on the theory base in
cognitive information processing, with detailed, practical examples of the application of the theory in typical career situations and provides concrete steps for executing a strategic career plan.

**Leadership Lessons from the Bhagavad Gita**

This unique text provides detailed information on career development interventions appropriate to use with some of the most common populations with whom entry-level human service professionals often work. This practical and new all-in-one reference includes coverage of the historical perspective of career counseling, career development theories, career assessments, employment campaign, and program development/evaluation. Written for associate- and bachelor-level human service professionals working with diverse populations, this new text allows students to see how to integrate these topics when developing their own personal approach to working with their clients. Twelve chapters provide detailed information on career development interventions appropriate to use with some of the most common populations with whom entry-level human service professionals often work. Each of these chapters includes a case study, a description of the population, barriers to career success, interventions, programs, a career counseling program model, and services specific to the population. Finally, the text also explores special topics pertinent to entry-level human service professionals: ethical issues, workplace issues of the 21st century, maintaining balance, diversity, workplace safety, supervision, and technology.

**Career Counselling**

The updated version of this successful text retains its clear, straightforward style as it addresses issues that will face practitioners in the 1990's. With a practical approach, special attention is given to adults in career transition and the needs of women.

**Applying Career Development Theory to Counseling**

Providing the most current, comprehensive coverage available, CAREER COUNSELING: A HOLISTIC APPROACH, International Edition equips readers with a solid understanding of the theoretical models of career counseling as well as practical techniques on how to effectively counsel clients. The text's innovative holistic or "whole person" approach demonstrates how to consider a client's values, temperament, talents, and passions when trying to determine his or her best career fit. Thoroughly revised and updated, the cutting-edge new Eighth Edition includes all-new chapters on integrating career and personal counseling, job loss and transitions, adult career development, and career-related programs in middle schools. In addition, diversity issues are integrated throughout, while relevant case studies bring chapter concepts to life.

**Career Counseling**

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